

## **Acupressure Seminar by Maitri Hillebrecht®**

Thanks to her 30 years of experience with acupressure Maitri Hillebrecht has developed her clear method, which she is transmitting in her seminars in an dynamic and entertaining way.

Because of its clarity the seminar is suitable for beginners who want to learn to treat their own symptoms themselves, as well as for the holistic working medical practitioners, physiotherapists, massage therapists, doctors or students of TCM.

The participants will obtain an abstract and structured overview of the possibilities of the energy balance in the area of the main points, meridians and chakras.

### **Agenda**

Duration	weekend seminar 2 days
Price	€ 240.00
Participants	at least 6 participants maximum of 10 participants
Inscription	deva_maitri@yahoo.de (+034) 628144674
Payment	Seminar fee of 50% is to be paid at the inscription, 50% at the first day of the seminar

### **Course**

#### **First day**

Beginning	Saturday at 9:30 o'clock  Short presentation of Maitri Hillebrecht and overview. The seminar participants present themselves
Short Break	Dicourse oft he following topics  Introduction to the vital energy Qi acupressure in general What can be achieved with acupressure What can be expected by applying acupressure? What is an acupressure point?
Lunch about 1 to 1 ½ hours	  Small Meditation to fill up with energy Cause of disease - reason to recovery How the Qi moves in the body the meridians How they work together and support eachother What is Yin and what is Yang The source and lock points

short meditation  
Questions and feedback

End of the first day 5:30 p.m.

## **Second day**

Start Sunday at 10 clock  
small meditation  
Exchange experiences on the first day  
Reflection

Practising Two work together, one is the therapist, the other one the patient.

Lunchtime

3 ways of diagnosis 1.) By indications.  
2.) Pulse and tongue diagnosis.  
3.) Search and find the right points.

Interchange, the therapist is the patient / the patient is the therapist.

Practical healing experience.

Tips for loving and pleasant patient treatments.

The meridians in their functions.

How we explain psychosomatic processes.

Never underestimate the psychological function.

Meridians in connection with the Chakras.

Real holistic treatment.

A little break

Exchange and feedback

Handing over of the patented certificate 6 p.m.